

Nine associational study groupings had a total of 41 outcomes (short-term, intermediate, or long-term), including 26 positive, 9 negative, and 6 neutral associations.

**Environment and Policy Indicators**

**Short-term Outcomes\*\***

**Intermediate Outcomes**

**Long-term Outcomes**

**Availability of Food Stores and Restaurants**  
*(e.g., access to food stores and restaurants from place of residence)*

6 **+** 4 **x** 4 **-**  
 4 **+** 0 **x** 0 **-**  
 16 **+** 2 **x** 5 **-**

**More Physical Activity**  
 Moderate intensity physical activity  
 1 **+** 0 **x** 0 **-**  
 Walking  
 3 **+** 0 **x** 0 **-**

**Better Nutrition**  
 Consumption of healthy foods  
 12 **+** 2 **x** 2 **-**  
 Decreased consumption of unhealthy foods  
 1 **+** 0 **x** 1 **-**  
 Meeting dietary recommendations  
 3 **+** 0 **x** 2 **-**

**Less Overweight and Obesity**  
 Body mass index  
 6 **+** 4 **x** 4 **-**

**Key:**  
**+** Positive Association  
**x** No Association  
**-** Negative Association

\*\*No short-term outcomes were reflected in the peer-reviewed literature.

**Figure 10B: Availability of Food Stores and Restaurants**